

Some people say that the bicycles are a good, modern means of transportation. Other say riding a bicycle has clear disadvantages.

Discuss both view points and give your own opinion

These days because of modern life individuals are encouraged ~~using to use~~ bicycles. A Vast majority of people consider this vehicle ~~as~~ a good and also cutting-edge ~~of~~ transportation device. In contrast, some assert that riding it has some obvious ~~devastating negative~~ impacts. Providing some evidence this essay will discuss both sides as well as some reasons.

On the one hand, some people argue that using bicycles may cause some crucial physical problems. To begin with, since some individuals ride them unprofessionally, it can damage their body in long-term. That is to say, riding them in ~~an~~ incorrect way, they put pressure on their knees or ankles. In other words, these injuries can be increased ~~after a while especially~~ when they live in mountainous geographical areas. ~~This in turn, has doubled drawbacks on their body, affecting manifold after a while.~~ Thus, using them has some harmful impacts on a limited number of people ~~in some and also~~ regions.

Having said that, the use of this vehicle is increasing not only because of air pollution, but having healthy life-styles. The main compelling ~~justifying justification for~~ their assertion is that these days people ought to help ~~decrease the decreasing of~~ air pollution. Instead of riding gasoline cars and increasing acid rains, they tend to commute ~~by with~~ bike. After a while it can be considered ~~as~~ a modern commuting device, which a majority of cities use ~~them~~. More specifically, riding them individuals can ~~prevent from avoid~~ sedentary life-style ~~that which~~ makes them feel good. A good illustration of this is using ~~bikes~~ by people who do not have enough time to do exercises. Commuting to work by bicycle, they can change their life ~~style to a~~ healthy ~~one style~~.

In conclusion, although in some cases riding ~~a~~ bicycle can be harmful, considering it ~~as~~ an appropriate and modern transport ~~device mode/means/way~~ can be more logical. ~~In from~~ my perspective, the use of bicycles ~~are is~~ becoming ~~very more~~ popular than the past.

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